

THIRD SUNDAY IN LENT
March 15, 2020, 10:00 a.m.



Please take a moment to silence your cellphone. Thank you.

The Word of God

Prelude: Air from Suite in D major

J.S. Bach

Please STAND as able, and join in singing,

The Processional Hymn

Come, Thou Fount of Every Blessing

Hymn #686

The Opening Acclamation

Celebrant Bless the Lord who forgives all our sins;

People His mercy endures for ever. Amen.

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

A † appears in the margin where you may wish to make the sign of the cross over your body.

Making the sign of the cross is a choice left to each worshipper.

It is simply a way to engage your entire body (not just your speech and mind) in worship, and physically to signify embracing the blessing of God.

The Collect for Purity

Celebrant Let us pray.

All Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Deacon During this season of Lent, we recognize that we, like the Gospel figures listed in the penitential litany we are about to pray, have sinned against you.

Therefore, let us confess our sins against God and our neighbor.

Please kneel or stand as able, with the People saying the words in bold,

Like the Prodigal Jesus
We have wasted your love.

As with Simon,
You teach us mercy.

Like Nicodemus,
We have crept about in darkness.

As with the disciples,
You wash our feet.

Like James and John,
We have slept through others' sorrow.

As with the criminal hanging near you,
You promise us paradise.

Like Peter,
We have denied and betrayed you.

As with Peter,
You restore us in your love.

Like Pilate,
We have washed our hands of blame.

Give us, now, Jesus,
**the gift of repentance, the grace of forgiveness,
and hearts made ready for Easter's joy.
Amen.**

And yet, as with the woman at the well,
You give us drink in the heat of the day.

As with the man born blind,
You open our eyes.

Liturgy for the Whole Church, Susan K Bock

The Absolution

† Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Celebrant: The Very Rev. Paula Vukmanic

Deacon: The Rev. Jude Lyons

Preacher: Olufemi Knight, *Seminarian*

Please STAND, as able, and join in singing three times,

Trisagion

Alexander Archangelsky Hymnal S-102

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

Trisagion by Alexander Archangelsky (1846-1924) Hymnal 1982 S-102

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

Please be seated for the readings.

The First Lesson Exodus 17:1-7

1st Reader A Reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

1st Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Please remain seated, and join in singing the psalm.

Anglican chant is an treasured tradition in the Episcopal Church. We sing the words of the Psalm on one note until the accent (á), which indicates to move to the next note. Please sing (or read silently) along with us!

The Response

Psalm 95

Hopson

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Come, let us sing to God on high, the Rock of our salvation praise;
Come with thanksgiving to his courts and joyful psalms before him raise.

For God is Lord above all gods, the heights and depths are in his hand;
He made the sea and it is his, his hands have molded the dry land.

Bow down and let us worship him who is our Maker and our Lord;
We are his people and his sheep; today, then, hearken to his Word.

The Second Lesson Romans 5:1-11

2nd Reader A reading from the Letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

2nd Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Please STAND, as able, for the reading of the Holy Gospel, and join in singing.

Gospel Procession

Teach Me Your Ways

Linda Larkin



Teach me your ways, O Lord. Teach me your ways, O Lord. Teach, teach me.

That I may walk, that I may walk, that I may walk in your truth.

The Holy Gospel John 4:5-42

† Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

Please join in singing 'Teach Me Your Ways' as the Gospel Procession returns.

Please be seated for

† The Sermon

Olufemi Knight

There will be a moment of silence for reflection following the sermon.

Please stand as able, and join in saying,

The Nicene Creed

(Updated from The Book of Common Prayer addendum, Enriching our Worship I)

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary, and became fully human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please stand for,

The Prayers of the People

Gracious God, in this holy season of Lent, remind us that we are one. Receive our prayers as we journey in this season of reflection and growth.

We pray for our church, our nation and the world. May religious leaders and all your faithful people embrace your work of reconciliation. May we come to live as one human family with compassion for all, with dignity for every human being, welcoming the stranger and refugee. Guide us along pathways of unity and hope.

God of mercy, **make us new.**

We pray for our community. Teach us the power of forgiveness. May we lead lives of justice and peace. Guide us along pathways of healing love. God of mercy, **make us new.**

We pray for those who serve in the armed and foreign services, and their families, especially Drew Deley, Kelly Hall, Mark Kappelmann, Maia and Tom Lainis, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve. Strengthen and protect them. Guide them along pathways of protection.

God of mercy, **make us new.**

We pray for the afflicted, the helpless and the homeless, the unemployed and the underemployed. Bless and heal all in need, especially Andrea, Barbara, Bob and Jane Africano, Stephanie Bezner, Ceri Falk, Ann Godfrey, Sally Hill, Nathan Reddall Linman, Luke Miles, Marjorie Morris, Karla Nicole, Shelley Reece, Anne Sharp, Steve Smith, and all those we name to you now...*(please add your own prayers either silently or aloud)*, and empower us to engage your healing presence. Guide us along pathways of health and wholeness.

God of mercy, **make us new.**

We pray for those affected around the world by the corona virus pandemic. We pray for those killed or injured from acts of terrorism, gun violence, abuse of any kind, from the consequences of hurricanes, earthquakes, fires, floods, other natural disasters and diseases and for those who grieve for them. Guide us along pathways of safety.

God of mercy, **make us new.**

We pray for those we love but see no longer. Give us faith to see in death the gate of eternal life. We remember before you this day all who have died, especially those we name to you now...*(please add your own prayers either silently or aloud)*. Guide us along pathways of eternal comfort and strength.

God of mercy, **make us new.**

Celebrant Let us pray together

All God of our Lenten journey and beyond, you have made us to be one with you, self, others, and creation. Lead us to all who need us. Help us share the power of your Christ presence with all whom we meet. Help us prepare for a renewal in your risen life. We pray this in the power of the Holy Spirit through Jesus Christ our Lord. Amen.

Please STAND, as able for

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

The Holy Communion

Offertory Anthem

My Eternal King

Jane Marshall

My God, I love thee not because I hope for heav'n thereby, not yet because who love thee not must die eternally.

Thou, O my Jesus, thou didst me upon the cross embrace. For me didst bear the nails and spear, and manifold disgrace.

Why, then, why, O blessed Jesus Christ, should I not love thee well? Not for the hope of winning heav'n, or of escaping hell.

Not with the hope of gaining aught; not seeking a reward, but as thyself hast loved me, O ever-loving Lord.

E'en so, I love thee, and will love, and in thy name will sing, solely because thou art my God, and my Eternal King!

Please STAND as able, and join in singing,

Offertory Hymn

Take, O Take Me As I Am

Iona

The musical score is written for voice and piano. It features a treble clef and a bass clef, both in 4/4 time. The key signature has three flats (B-flat, E-flat, A-flat). The melody is in the treble clef, and the piano accompaniment is in the bass clef. The lyrics are: 'Take, O take me as I am; sum-mon out what I shall be; set your seal up-on my heart and live in me.'

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The Offertory Prayers

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread and wine to offer, which the earth has given and human hands have made. It will become for us the Bread of Heaven and the Cup of Salvation.

People **Blessed be God forever.**

Celebrant Receive, O Lord, all these gifts presented by your holy people for the work of your holy Church.

People **Blessed be God forever.**

Please remain standing for,

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues. The People read the parts in bold.

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

People **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People **By his blood, he reconciled us.
By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

Schubert Hymnal S-130

Ho - ly, ho - ly, ho - ly Lord, God of power and might, — Ho - ly, ho - ly,
ho - ly Lord, God of power and might. — Heav-en and earth are full, —
full — of your glo - ry, Ho - san - na in the high - est, ho - san - na in the
high - est. Bless-ed is he who comes — in the name of the Lord. — Ho -
san - na in the high - est, ho - san - na in the high - est.

Setting from Deutsche Mass by Franz Peter Schubert (1797-1828)

All stand or kneel as the Celebrant continues. **The People join in reading the text in bold.**

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all, for the forgiveness of sins. Whenever you drink it, **do this for the remembrance of me."**

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, **We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God of our Mothers Sarah, Rebekah and Rachel, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Gracious God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
All **Our father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem

Schubert Hymnal #164

Je - sus, Lamb of God, — have mer - cy — on us. — Je - sus, bear - er of our sins, have
mer - cy on us. — Je - sus, re - deem - er, re - deem - er of — the world, give us your
peace, — give — us — your peace. —

The Communion of the People

All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to share in Communion, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. Gluten-free Communion wafers are now carried alongside regular wafers at Holy Communion. If you require one of these, simply ask at the Altar rail.

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will be available to pray with you.

The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you.

Communion Anthem

You Are Mine

David Haas

*I will come to you in the silence, I will lift you from all your fear. You will hear my voice, I claim you as my choice.
Be still and know I am here.*

*I am hope for all who are hopeless. I am eyes for all who long to see. In the shadows of the night I will be your light.
Come and rest in me.*

*Do not be afraid, I am with you. I have called you each by name.
Come and follow me, I will bring you home. I love you and you are mine.*

*I am strength for all the despairing. I am healing for the ones who dwell in shame.
All the blind will see, the lame will all run free, and all will know my name. Do not be afraid...*

*I am the Word that leads all to freedom, I am the peace the world cannot give. I will call your name, embracing all your pain.
Stand up, now walk, and live! Do not be afraid!...*

Please kneel or stand, as able

The Post Communion Prayer

Celebrant Let us pray.

**All God of compassion, through your Son Jesus Christ you have reconciled your people to yourself.
As we follow his example of prayer, fasting, and service may we obey you with willing hearts
and serve one another in holy love; through Jesus Christ our Lord. Amen.**

Celebrant Let us say together our Mission Statement:

**All We welcome everyone to worship God together, to be transformed by the Holy Spirit and each other,
and to share the light of Christ in the world. Amen.**

The Blessing



Celebrant May Christ give you grace in this holy season of Lent to grow in holiness; may Jesus Christ give you
grace to grow in love, in faithfulness and to follow him; and the blessing of Almighty God, the Father,
the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Please kneel or stand as able, and join in singing,

The Closing Hymn

God Be In My Head

Hymn #694

The musical score for 'God Be In My Head' is presented in three systems. Each system consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#), and the time signature is 3/4. The lyrics are: 'God be in my head, and in my un-der - stand-ing; God be in mine eyes, and in my look-ing; God be in my mouth, and in my speak-ing; God be in my heart, and in my think-ing; God be at mine end, and at my de - part - ing.' The score includes measure numbers 7 and 13.

Hymn #694 The Hymnal 1982

The Sending Forth

Deacon Let us go in peace to love and serve the Lord.

People Thanks be to God!

Postlude: Fanfare and Fantasy

Percy Fletcher