

# Ash Wednesday

February 22, 2023, 6:00 p.m.



Please take a moment to silence your cellphone. Thank you.

## Covid Safety Reminders

We are happy to welcome you! For your health and safety, we strongly recommend all persons be vaccinated against COVID and influenza. Masks are not required, but encouraged, particularly for unvaccinated and immunocompromised persons.

## The Word of God

*Prelude: Adagio For Strings*

*Samuel Barber*

*Please STAND as able, and join in singing,*

The Processional Hymn

What Wondrous Love

Hymn #439, vv. 1-3

What won - drous love is this, O my soul, O my soul? What  
To God and to the Lamb I will sing, I will sing, to  
And when from death I'm free I'll sing on, I'll sing on; and

6  
won - drous love is this, O my soul? What won - drous love is this that  
God and to the Lamb I will sing. To God and to the Lamb who  
when from death I'm free I'll sing on. And when from death I'm free I'll

11  
caused the Lord of bliss to lay a - side his crown for my soul, for my  
is the great I AM, while mil - lions join the theme, I will sing, I will  
sing and joy - ful be, and through e - ter - ni - ty I'll sing on, I'll sing

16  
soul, to lay a - side his crown for my soul.  
sing, while mil - lions join the theme, I will sing.  
on, and through e - ter - ni - ty I'll sing on!

Words: American folk hymn, ca. 1835. Music: "Wondrous Love", from "The Southern Harmony", 1835.

## The Collect of the Day

**Celebrant** The Lord be with you.

**People** **And also with you.**

**Celebrant** Let us pray. Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

**Celebrant:** The Rev. Jason Shelby  
**Deacon:** The Rev. Celeste Stump

*Please be seated for the readings.*

The First Lesson    Isaiah 58:1-12

1st Reader    A Reading from the Book of the prophet Isaiah

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,  
to the house of Jacob their sins.

Yet day after day they seek me  
and delight to know my ways,  
as if they were a nation that practiced righteousness  
and did not forsake the ordinance of their God;  
they ask of me righteous judgments,  
they delight to draw near to God.

"Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?"

Look, you serve your own interest on your fast day,  
and oppress all your workers.

Look, you fast only to quarrel and to fight  
and to strike with a wicked fist.

Such fasting as you do today  
will not make your voice heard on high.

Is such the fast that I choose,  
a day to humble oneself?

Is it to bow down the head like a bulrush,  
and to lie in sackcloth and ashes?

Will you call this a fast,  
a day acceptable to the Lord?

Is not this the fast that I choose:  
to loose the bonds of injustice,  
to undo the thongs of the yoke,  
to let the oppressed go free,  
and to break every yoke?

Is it not to share your bread with the hungry,  
and bring the homeless poor into your house;  
when you see the naked, to cover them,  
and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you,  
the glory of the Lord shall be your rear guard.  
Then you shall call, and the Lord will answer;  
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,  
if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.  
The Lord will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong;  
and you shall be like a watered garden,  
like a spring of water,  
whose waters never fail.

Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many genera-  
tions;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

1st Reader    The Word of the Lord

**People        Thanks be to God**

*Please remain seated*

The Response    **Psalm 103, *Benedic, anima mea***

**Reader**        Let us read from together from Psalm 103

**1 Bless the LORD, O my soul,  
and all that is within me, bless his holy Name.**

**2 Bless the LORD, O my soul,  
and forget not all his benefits.**

- 3 He forgives all your sins  
and heals all your infirmities;
- 4 He redeems your life from the grave  
and crowns you with mercy and loving-kindness;
- 5 He satisfies you with good things,  
and your youth is renewed like an eagle's.
- 6 The LORD executes righteousness  
and judgment for all who are oppressed.
- 7 He made his ways known to Moses  
and his works to the children of Israel.
- 8 The LORD is full of compassion and mercy,  
slow to anger and of great kindness.
- 9 He will not always accuse us,  
nor will he keep his anger for ever.
- 10 He has not dealt with us according to our sins,  
nor rewarded us according to our wickedness.
- 11 For as the heavens are high above the earth,  
so is his mercy great upon those who fear him.
- 12 As far as the east is from the west,  
so far has he removed our sins from us.
- 13 As a father cares for his children,  
so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made;  
he remembers that we are but dust.
- 15 Our days are like the grass;  
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone,  
and its place shall know it no more.
- 17 But the merciful goodness of the LORD endures for ever on those who fear him,  
and his righteousness on children's children;
- 18 On those who keep his covenant  
and remember his commandments and do them.
- 19 The LORD has set his throne in heaven,  
and his kingship has dominion over all.
- 20 Bless the LORD, you angels of his,  
you mighty ones who do his bidding,  
and hearken to the voice of his word.
- 21 Bless the LORD, all you his hosts,  
you ministers of his who do his will.
- 22 Bless the LORD, all you works of his,  
in all places of his dominion;  
bless the LORD, O my soul.

*...your youth is renewed like an eagle's.*



The Second Lesson      2 Corinthians 5:20b—6:10

2<sup>nd</sup> Reader    A Reading from Paul's second letter to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

"At an acceptable time I have listened to you,  
and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

2<sup>nd</sup> Reader    The Word of the Lord

**People      Thanks be to God**

*Please STAND as able and join in singing,*

Gospel Procession

**Be Still and Know**

*Iona*

The image shows two staves of musical notation in 3/4 time. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody consists of quarter and eighth notes. The lyrics are: "Be still and know that I am God, be still and know that". The second staff begins with a treble clef and a key signature of one flat. The melody continues with quarter and eighth notes. The lyrics are: "I am God, be still and know that I am God." There is a small number '7' above the first note of the second staff.

Words and Music: Anonymous; para. Psalm 46:10, 11; 143:8,  
arr. Jack Schrader (1942-) © 1989 Hope Publishing Company.

*Please remain STANDING, as able, for,*

The Holy Gospel    Matthew 6:1-6,16-21

Deacon      The Holy Gospel ☒ of our Lord Jesus Christ according to Matthew.

**People      Glory to you, Lord Christ.**

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

"So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

"And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Deacon            The Gospel of the Lord.

**People            Praise to you, Lord Christ.**

*As the Procession returns please join in singing 'Be Still and Know'.*

*Please be seated for,*

The Sermon

The Rev. Jason Shelby

*There will be a moment of silence for reflection following the sermon.*

*Please STAND as able for,*

The Invitation to a Holy Lent

Celebrant

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

*All KNEEL, as able.*

*Silent Prayer*

*Please remain kneeling for*

The Blessing and Imposition of the Ashes

Celebrant    Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

*Please come forward as the usher directs to kneel or stand at the altar rail. If you wish to have ashes imposed while you are seated in your pew, please alert an usher. The ministers will impose ashes upon your forehead saying,*

Remember that you are dust, and to dust you shall return.



Sign us with ash - es, mer - ci - ful God, child - ren of dust, as to dust we re - turn.

5  
Sign us with ash - es, mer - ci - ful God. Mark us and make us your own. \_\_\_\_\_

Words by Mary Louise Bringle, 2003. Music by William P Rowan, 2003. Used by permission One License.net A-709118

**Surely, you alone can save us. You pay our price with precious blood.  
Reaching through your great compassion, you lift up your people with love.**

**Surely, you alone uphold us. You give us strength for all our needs.  
Shielding with a father's favor, you bless us with pardon and peace.**

**Surely, you alone can heal us. Yours is the will to make us whole.  
Soothing with a mother's kindness, the contrite of heart you console.**

**Surely, you alone can free us. You break the bonds of guilt and sin.  
Bracing, 'til we walk uprightly, you bolster our hope once again.**

**Surely, you alone refine us.**

**You give us grace for lives made new, forging, through your fire and radiance, a sacrifice worthy  
for you.**

*Please be seated for,*

The Response **Psalm 51, Miserere mei, Deu**

**Reader** Let us read Psalm 51 responsively (*the People reading the text in bold*).

- 1 Have mercy on me, O God, according to your loving-kindness;  
**in your great compassion blot out my offenses.**
- 2 Wash me through and through from my wickedness  
**and cleanse me from my sin.**
- 3 For I know my transgressions,  
**and my sin is ever before me.**
- 4 Against you only have I sinned  
**and done what is evil in your sight.**
- 5 And so you are justified when you speak  
**and upright in your judgment.**
- 6 Indeed, I have been wicked from my birth,  
**a sinner from my mother's womb.**
- 7 For behold, you look for truth deep within me,  
**and will make me understand wisdom secretly.**
- 8 Purge me from my sin, and I shall be pure;  
**wash me, and I shall be clean indeed.**
- 9 Make me hear of joy and gladness,  
**that the body you have broken may rejoice.**

- 10 Hide your face from my sins  
and blot out all my iniquities.
- 11 Create in me a clean heart, O God,  
and renew a right spirit within me.
- 12 Cast me not away from your presence \*  
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.
- 14 I shall teach your ways to the wicked, \*  
and sinners shall return to you.
- 15 Deliver me from death, O God, \*  
and my tongue shall sing of your righteousness,  
O God of my salvation.
- 16 Open my lips, O Lord, \*  
and my mouth shall proclaim your praise.
- 17 Had you desired it, I would have offered sacrifice,  
but you take no delight in burnt-offerings.
- 18 The sacrifice of God is a troubled spirit;  
a broken and contrite heart, O God, you will not despise.
- 19 Be favorable and gracious to Zion,  
and rebuild the walls of Jerusalem.
- 20 Then you will be pleased with the appointed sacrifices,  
with burnt-offerings and oblations;  
then shall they offer young bullocks upon your altar.

*Please KNEEL as able for,*  
The Litany of Penitence

**All** Most holy and merciful God: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

Deacon We have not loved you with our whole heart, and mind, and strength.  
We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven,

**People** Have mercy on us, Lord.

Deacon We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**People** Have mercy on us, Lord.

Deacon We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

**People** We confess to you, Lord.

Deacon Our self-indulgent appetites and ways, and our exploitation of other people,

**People** We confess to you, Lord.

Deacon Our anger at our own frustration, and our envy of those more fortunate than ourselves,  
**People We confess to you, Lord.**

Deacon Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,  
**People We confess to you, Lord.**

Deacon Our negligence in prayer and worship, and our failure to commend the faith that is in us,  
**People We confess to you, Lord.**

Deacon Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,  
**People Accept our repentance, Lord.**

Deacon For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,  
**People Accept our repentance, Lord.**

Deacon For our waste and pollution of your creation, and our lack of concern for those who come after us,  
**People Accept our repentance, Lord.**

Deacon Restore us, good Lord, and let your anger depart from us;  
**People Favorably hear us, for your mercy is great.**

Deacon Accomplish in us the work of your salvation,  
**People That we may show forth your glory in the world**

Deacon By the cross and passion of your Son our Lord,  
**People Bring us with all your saints to the joy of his resurrection.**

Celebrant Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their waywardness to a life of abundance, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel. Therefore, Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Please STAND for*

The Peace

Celebrant The peace of the Lord be always with you.

**People And also with you.**

*Ministers and People exchange signs of peace in the name of the Lord.*

# The Holy Communion

## Organ Meditation

Please STAND, as able, and join in singing,

### Offertory Hymn

### Take, O Take Me As I Am

Iona

Take, O take me as I am, sum-mon out what I shall be; set your seal up-on my heart and live in me.

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Please STAND as able,

### The Great Thanksgiving

From the Book of Common Prayer

**Celebrant** The Lord be with you.

**People** **And also with you.**

**Celebrant** Lift up your hearts.

**People** **We lift them to the Lord.**

**Celebrant** Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

#### Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

### The Sanctus

S-125

Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,  
5 heaven and earth are full of your glo-ry. Ho - san - na in the  
10 high-est. Ho - san-na in the high-est. Blessed is he who comes in the  
15 name of the Lord. Ho - san - na in the high-est, Ho - san-na in the high-est.  
21

A Community Mass, Richard Proulx (b. 1937)

*The people stand or kneel as the Celebrant continues, the People joining in reading the parts in bold.*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you.

**Do this for the remembrance of me."**

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it,

**do this for the remembrance of me."**

Therefore we proclaim the mystery of faith:

**All Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say

**All Our father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread *The Celebrant breaks the consecrated Bread.*

Music copyright Wild Goose Worship Group, Iona Community, Glasgow, Scotland. Used by permission.

### The Communion of the People

*All baptized Christians are invited to receive Holy Communion. Please follow the directions of the ushers. Kneeling or standing, each person receives the Bread\* in the palm of the right hand, eats, and then guides the cup for a sip of the Wine. If you do not wish to receive or are not yet baptized, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. **The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish to be served in your seat.***

*\*Gluten-free Communion wafers are now carried alongside regular wafers at Holy Communion. If you require one of these, simply ask at the Altar rail.*

### Organ Meditation

*Please kneel or stand for*

#### The Post Communion Prayer

Celebrant Let us pray.

**All God of compassion, through your Son Jesus Christ you have reconciled your people to yourself. As we follow his example of prayer, fasting, and service may we obey you with willing hearts and serve one another in holy love; through Jesus Christ our Lord. Amen.**

*Remain kneeling or standing for*

#### The Blessing

Celebrant May Christ give you grace in this holy season to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of Almighty God, the ✠ Father, the Son, and the Holy Spirit, be amongst you, and remain with you always.

**People Amen.**

Deacon Go in peace to love and serve the Lord.

**People Thanks be to God.**

Please STAND, as able, and join in singing,

The Recessional Hymn      **Lord, Who Throughout These Forty Days**      Hymnal #142, vv. 1-5

Lord, who through-out these for-ty days for  
As thou with Sa-tan didst con-tend and  
As thou didst hun-ger bear and thirst, so  
And through these days of pen-i-tence, and  
A-bide with us, that so, this life of  
us didst fast and pray, teach us with thee to  
didst the vic-tory win, O give us strength in  
teach us gra-cious Lord, to die to self and  
through thy Pas-sion-tide, yea, ev-er-more, in  
suf-fering o-ver-past, an Eas-ter of un-  
mourn our sins, and close by thee to stay.  
thee to fight, in thee to con-quer sin.  
chief-ly live, by thy most ho-ly word.  
life and death, Je-sus! with us a-bide.  
end-ing joy we may at-tain at last!

Words: John Donne (1573-1631). Music: "So giebst du nun", 1694; harm. J. S. Bach (1685-1750)

Postlude: Adagio in G minor

Tomaso Albinoni

## Welcome!

We warmly welcome you if you are here with us for the first time today. We joyfully welcome *all* people into our community – without exception.

*For requests for help and prayers, please feel free to reach out to our clergy*

**The Rev. Jason Shelby, Rector**, [jason.shelby@stfrancispalosverdes.org](mailto:jason.shelby@stfrancispalosverdes.org)

Direct Line: (310) 594-7984, Church Office: (310) 375-4617

**The Rev. Celeste Stump**, Deacon, Chaplain at The Canterbury, [cstump@thecanterbury.org](mailto:cstump@thecanterbury.org)

### Prayers this Week

We pray for all those who serve in the armed and foreign services, and for their families, especially Drew Deley, Michael Heredia, Mark Kappelmann, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve.

Those who are ill, recovering from surgery, or in any other kind of need or trouble: Andrea, Amy Clute, Daniel Drayling, Pauline Duley, Ceri Falk, Kathy Falk, Colette Furbush, Sally Hill, Mick Mohuchy, Marjorie Morris, Anne Marie Morris, Greg Morris, Mike Morris, Bruce Schaefer, Patricia Stewart, and Stephen.

We pray for all who have died, that they may have a place in your eternal kingdom.