

Tenth Sunday after Pentecost

August 1, 2021, 10:00 a.m.

Please take a moment to silence your cell phone. Thank you.



Consider making a donation of altar flowers in honor of a special occasion, or in memory of someone you love. The suggested donation is \$40. To arrange, please contact Mary in the Church Office: 310-375-4617 or mary.sanchez@stfrancispalosverdes.org.

Important Covid Safety Reminders

In accordance with LA County Public Health requirements, Bishop Taylor has requested that although social distancing is no longer required, masks must be worn at all times indoors, regardless of vaccination status. Non-vaccinated persons must continue to wear masks and maintain a six foot distance from those not in your immediate household at all times on campus, both indoor and outdoor.

Some areas of the nave remain taped off for those who must remain distanced and for those, though vaccinated, choose to do so. You may sing during the hymns if you are fully vaccinated but please refrain if you are not vaccinated. We are confident that you will treat one another with love, dignity, and respect.

Please also note that we publicly livestream our worship service.



Celebrant/Preacher: The Rev. Jerry Sather

The Word of God

Prelude

Priere a Notre-Dame

Leon Boellmann

Please STAND as able, and if you are fully vaccinated, join in singing. Unvaccinated persons please refrain from singing.

Processional Hymn

Glorious Things of Thee are Spoken

Hymn #522, v. 1-4

Glo - rious things of thee are spo-ken, Zi - on, ci - ty
See! the streams of liv - ing wa-ters, spring - ing from e -
Round each ha - bi - ta - tion hov-ering, see the cloud and
Blest in - ha - bit - ants of Zi - on, washed in the Re -

4
of our God; he whose word can - not be bro - ken
ter - nal love, well sup - ply thy sons and daugh-ters
fire ap - pear for a glo - ry and a cov - ering,
7 deem - er's blood! Je - sus, whom their souls re - ly on,

formed thee for his own a - bode; on the Rock of
and all fear of want re - move. Who can faint, when
show - ing that the Lord is near. Thus de - riv - ing
10 makes them kings and priests to God. 'Tis his love his

A - ges found - ed, what can shake thy sure re - pose?
such a riv - er ev - er will their thirst as - suage?
from their ban - ner, light by night, and shade by day,
13 peo - ple rais - es o - ver self to reign as kings:

With sal - va - tion's walls sur - round - ed, thou may'st smile at
Grace which, like the Lord, the giv - er, nev - er fails from
safe they feed up - on the man - na, which he gives them
16 and as priests, his sol - emn prais - es each for a thank -

all thy _____ foes.
age to _____ age.
when they _____ pray.
of - fer - ing _____ brings.



The Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom,
now and for ever. Amen.**

A † appears in the margin where you may wish to make the sign of the cross over your body. Making the sign of the cross is a choice left to each worshipper. It is simply a way to engage your entire body (not just your speech and mind) in worship and physically

The Collect for Purity

Celebrant Let us pray.

All **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly
love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Please remain STANDING, as able, and say together.

Gloria

Glory to God in the highest and peace to his people on earth.

**Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God, you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated for the readings.

The First Lesson Exodus 16:2-4,9-15

1st Reader A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

1st Reader Hear what the Spirit is saying to God's people.

The Response

Psalm 78:23-29, *Attendite, popule*

Reader Let us read together from Psalm 78—(responsively by half verse, with the People reading the text in **bold**).

- 23 The LORD commanded the clouds above *
and opened the doors of heaven.
- 24 He rained down manna upon them to eat *
and gave them grain from heaven.
- 25 So mortals ate the bread of angels; *
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp *
and round about their dwellings.
- 29 So they ate and were well filled, *
for he gave them what they craved.

The Second Lesson Ephesians 4:1-16

2nd Reader A reading from Paul's letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

2nd Reader Hear what the Spirit is saying to God's people.

Please STAND as able, and if you are fully vaccinated, join in singing. Unvaccinated persons please refrain from singing.

The Gradual

Lord, You Give the Great Commission

Hymn 528 (v. 1-3)

sung to Abbot's Leigh, #523

Lord, you give the great com - mis - sion: "Heal the sick, and preach the word."
Lord, you call us to your serv - ice: "In my name bap - tize and teach."
9 Lord, you make the com - mon ho - ly: "This my bo - dy, this my blood."
Lest the church ne - glect its mis - sion and the gos - pel go un - heard,
That the world may trust your pro - mise, life a - bun - dant meant for each,
17 Let your priests, for earth's true glo - ry, dai - ly lift life hea - ven - ward,
help us wit - ness to your pur - pose with re - newed in - teg - ri - ty.
give us all new fer - vor, draw us clos - er in com - mu - ni - ty.
25 ask - ing that the world a - round us share your chil - dren's lib - er - ty;
With the Spi - rit's gifts em - pow'r us for the work of min - is - try.

Jeffrey Rowthorn, b 1954 (Abbot's Leigh) Cyril V. Taylor

Please remain STANDING, as able.

The Holy Gospel John 6:24-35

Celebrant Alleluia, alleluia! One does not live on bread alone,
but by every word that comes forth from the mouth of God.

People Alleluia! Alleluia!

† Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Please be seated for

† The Sermon

The Rev. Jerry Sather

There will be a moment of silence for reflection following the sermon.

Please STAND as able, and join in saying,

The Nicene Creed

**All We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Please remain STANDING, as able, for

The Prayers of the People

In peace, let us pray to the Lord, saying: "Lord, have mercy."

For the church: that we may come to the unity of the faith and the knowledge of the Son of God, growing up into maturity in Christ, let us pray to the Lord. **Lord, have mercy.**

For Michael our Presiding Bishop, for John and Diane our Bishops, for Jerry our priest, and for all priests, deacons, and ministers: that they may equip the church for ministry and build up the body of Christ in love, let us pray to the Lord. **Lord, have mercy.**

For freedom from grumbling and complaining: that we may understand what leads us to negativity, be transformed by Christ, and strive to speak the truth in love, let us pray to the Lord. **Lord, have mercy.**

For all who are participating in the Olympics: that God will protect them from harm and help them to use their gift fully for God's glory, let us pray to the Lord. **Lord, have mercy.**

For those in positions of trust in government and business: that they may seek justice and peace in our communities, promote better stewardship of the earth in the face of climate change, and strive to alleviate hunger among the poor, homeless, and refugees, let us pray to the Lord. **Lord, have mercy.**

For an end to the Covid pandemic: that God will subdue the virus, heal the sick, and give strength to all who care for them, let us pray to the Lord. **Lord, have mercy.**

For those who suffer in body, mind, or spirit, and all in any kind of need, especially those of our own community, including, Andrea, Barbara, Bob and Jane Africano, Claudia, Nancy Christianson, Mark Duley, Pauline Duley,

Darlene Endquist, Ceri Falk, Ann Godfrey, Frances Hailwood, Ashley Hawn, Sally Hill, David Iida, Jake Madrid, Shelby Martyniak, Michael, Joy Merrill, Mike Mohuchi, Molly, Marjorie Morris, Karla Nicole, Lisa Rieger, Annie Ross, Bruce Schaefer, Anne Sharp, Sue, Ted Wong, Joan Youd, and those we name before you now . . . let us pray to the Lord. **Lord, have mercy.**

For all who have died . . . (names may be remembered, silently or aloud), that your will for them may be fulfilled, and that we all may share in your eternal kingdom, let us pray to the Lord. **Lord, have mercy.**

Let us say together our prayer for transition.

All Lord, be with us on our journey as you journeyed with your people Israel. Be the guiding light our parish and search committee need as we create our parish profile and begin the search for our new rector. May your love and grace be the lens used in this work. Inspire us and grant us patience and love for one another during this time.

(By Jake Madrid)

Celebrant: God of hope, when your hungry people longed for the slave food of Egypt, you opened the doors of heaven and rained down manna. Feed us with the bread of life at your table, that we may taste the freedom of eternal life and lead lives worthy of our calling, through Jesus Christ our Lord. *Amen.*

The Confession of Sin

Celebrant Let us confess our sins against God and our neighbor.

Please STAND or kneel as able, and join in saying,

**All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Absolution

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Ministers and People exchange signs of peace in the name of the Lord.

Please be seated.

Welcome and Announcements

The Holy Communion

Please remain seated for the Anthem. For the offertory, collection baskets will be placed at the exit of the church as you leave. Please follow instructions from the Ushers.

Offertory Anthem

O Love

Elaine Hagenberg

O Love, O Love, O Love, that will not let me go,
O Love, I rest my weary soul in thee;
I give thee the back of the life I owe,
That in thy ocean depths its flow may richer, fuller be.
O Joy, O Joy, O Joy that seeks me through the pain,
O Joy, I cannot close my heart to thee;
I trace the rainbow through the rain, and feel the promise is not vain
That morn shall tearless be.
O Love, O Love, O Love, that will not let me go,
O Love, I rest my weary soul in thee;
I give thee back of the life I owe,
And in thy ocean depths its flow shall richer, fuller be.
O Love, O Love, O Love, that will not let me go.

Today's singers: St. Francis Episcopal Choir, St. Peter's by the Sea Sanctuary Choir, and friends of the Rev. Paula Vukmanic.

Please STAND, as able,

The Offertory Prayers

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread and wine to offer, which the earth has given and human hands have made. It will become for us the Bread of Heaven and the Cup of Salvation.

People **Blessed be God forever.**

Celebrant Receive, O Lord, all these gifts presented by your holy people for the work of your holy Church.

People **Blessed be God forever.**

The Great Thanksgiving

The people join in reading the parts in bold.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our great High Priest; in whom we are built up as living stones of a holy temple, that we might offer before you a sacrifice of praise and prayer which is holy and pleasing in your sight.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Please kneel or STAND as you prefer.

*The Celebrant continues. **The People join in reading the text in bold.***

Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it,

Do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. *Amen.*

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant This is the true bread which comes down from heaven and gives life to the world.

People Whoever eats this bread will live for ever.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

For our online community—an invitation to pray together the spiritual communion prayer from the National Cathedral.
A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

For those participating online may pray:

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

The Communion of the People

*All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to receive, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. **The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you.** Gluten-free Communion wafers are available. If you require one of these, simply ask the server.*

Please STAND, as able,

The Post Communion Prayer

Celebrant Let us pray.

**All Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

† The Blessing

Celebrant May the peace of Christ which passes all understanding,
keep your hearts and minds in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God Almighty, the Father, the Son and the Holy Spirit,
be among you, and remain with you always. **Amen.**

The Sending Forth

Celebrant Go in peace to love and serve the Lord.

People Thanks be to God.

Please STAND as able, and if you are fully vaccinated, join in singing.

Unvaccinated persons please refrain from singing.

The Closing Hymn

Guide Me, O Thou Great Jehovah

Hymn #690, v. 1-3

Guide me, O Thou great Je - ho - vah, pil - grim through this bar - ren land; I am weak, but
O - pen now the crys - tal foun - tain, whence the heal - ing stream doth flow; let the fire and
When I tread the verge of Jor - dan, bid my an - xious fears sub - side; death of death, and

6
Thou art might - y, hold me with thy pow'r - ful hand; bread of heav - en,
cloud - y pil - lar lead me all my jour - ney through; strong de - liv - erer,
hell's des - truc - tion, land me safe on Ca - naan's side; songs of prais - es,

10
bread of heav - en, feed me now and ev - er - more, feed me now and ev - er - more.
strong de - liv - erer, be thou still my strength and shield, be thou still my strength and shield.
songs of prais - es, I will ev - er give to thee, I will ev - er give to thee.

Hymn #594, The Hymnal 1982 Words by William Williams (1717-1791); Music CWD RHONDDA by John Hughes (1873-1932)

Postlude

Cortege

Flor Peeters

During the Postlude, you may be seated for prayer or to enjoy the music.

You may also depart in peace as the Spirit leads you.

Refreshments are available under the arches. We invite you to remain for fellowship.



Names of those we pray for this week.

All those who serve in the armed and foreign services, and for their families: Drew Deley, Michael Herredia, Mark Kappelmann, Maia and Tom Lainis, Will Piepenbring, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve.

All those who are sick or in need of any kind: Andrea, Barbara, Bob and Jane Africano, Claudia, Nancy Christian-son, Mark Duley, Pauline Duley, Darlene Endquist, Ceri Falk, Ann Godfrey, Frances Hailwood, Ashley Hawn, Sally Hill, David Iida, Jake Madrid, Shelby Martyniak, Michael, Joy Merrill, Mike Mohuchi, Molly, Marjorie Morris, Karla Nicole, Lisa Rieger, Annie Ross, Bruce Schaefer, Jane Sharp, Sue, Ted Wong, Joan Youd, and Jennifer Zimmerman.

