



The Word of God

Prelude: "Canon" in D

Johann Pachelbel

The Processional Hymn

What Star Is This, with Beams So Bright

Hymn #124, v. 1, 5

What star is this, with beams so bright, more
To God the Fa - ther, heaven - ly Light, to
beau - teous than the noon - day light? It shines to her - ald
Christ, re - vealed in earth - ly night, to God the Ho - ly
forth the King, and Gent - iles to his crib to bring.
Ghost we raise our e - qual and un - ceas - ing praise.

The Opening Acclamation

✠ Celebrant Blessed is the king who comes in the name of the Lord.
People Peace in heaven and glory in the highest. Amen.

The Collect for Purity

Celebrant Let us pray.
All Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that we may perfectly love
you, and worthily magnify your holy Name; through Christ
our Lord. Amen.

Please join in saying,

The Gloria

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

A ✠ appears in the margin where you may wish to make the sign of the cross over your body.

Making the sign of the cross is a choice left to each worshipper.

It is simply a way to engage your entire body (not just your speech and mind) in worship, and physically to signify embracing the blessing of God.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
 have mercy on us;
you are seated at the right hand of the Father:
 receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray. Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The First Lesson Isaiah 40:21-31

Reader: *Mary Ann Cronin*

1st Reader A Reading from the Book of the prophet Isaiah.

Have you not known? Have you not heard?
 Has it not been told you from the beginning?
 Have you not understood from the foundations
 of the earth?
It is he who sits above the circle of the earth,
 and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
 and spreads them like a tent to live in;
who brings princes to naught,
 and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
 scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
 and the tempest carries them off like stubble.
To whom then will you compare me,
 or who is my equal? says the Holy One.
Lift up your eyes on high and see:
 Who created these?
He who brings out their host and numbers them,
 calling them all by name;
because he is great in strength,
 mighty in power,
 not one is missing.

Why do you say, O Jacob,
 and speak, O Israel,
"My way is hidden from the LORD,
 and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
 the Creator of the ends of the earth.
He does not faint or grow weary;
 his understanding is unsearchable.
He gives power to the faint,
 and strengthens the powerless.
Even youths will faint and be weary,
 and the young will fall exhausted;
but those who wait for the LORD shall renew their
 strength,
 they shall mount up with wings like eagles,
they shall run and not be weary,
 they shall walk and not faint.

1st Reader Hear what the Spirit is saying to God's people.

Reader Let us say together

1 Hallelujah!

How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem; *

he gathers the exiles of Israel.

3 He heals the brokenhearted *

and binds up their wounds.

4 He counts the number of the stars *

and calls them all by their names.

5 Great is our LORD and mighty in power; *

there is no limit to his wisdom.

6 The LORD lifts up the lowly, *

but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving; *

make music to our God upon the harp.

8 He covers the heavens with clouds *

and prepares rain for the earth;

9 He makes grass to grow upon the mountains *

and green plants to serve mankind.

10 He provides food for flocks and herds *

and for the young ravens when they cry.

11 He is not impressed by the might of a horse; *

he has no pleasure in the strength of a man;

12 But the LORD has pleasure in those who fear him, *

in those who await his gracious favor.

21 Hallelujah!

The Holy Gospel Mark 1:29-39

† Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

† The Sermon

There will be a moment of silence for reflection following the sermon.

The Rev. Jude Lyons

The Nicene Creed

(Updated from The Book of Common Prayer addendum, Enriching our Worship I)

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary, and became fully human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Leader: John Bukowski

The People join in reading the words in bold.

During this season of Epiphany we proclaim, "Arise, shine for your light has come!". O God of Light, we are ready for you to light our way that we might lead others to knowledge and love of you.

Shine in your church, O God; embolden us to speak truthfully and to act with the courage of love.

This day and always, **Christ, be our light.**

Shine in our nation, O God: help us appreciate the land, liberties and heritage we have received. Protect us from discord, confusion, arrogance, and evil. Anoint with wisdom those to whom we entrust the authority of government. This day and always, **Christ, be our light.**

Shine in your world, O God: heal the warring of nations and the wounding of the earth. Give all religious and secular leaders eyes to see and hearts to follow the way of justice and peace. This day and always, **Christ, be our light.**

Shine in your people, O God; make us one human family with compassion for all, with dignity for every human being and to be a welcoming presence for the stranger and refugee. This day and always, **Christ, be our light.**

Shine in those who serve in the troubled places of our world, O God; we ask your protection for our first responders and for those who serve the cause of justice in the armed and foreign services, and their families, especially Drew Deley, Michael Herredia, Mark Kappelmann, Maia and Tom Lainis, Will Piepenbring, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve.

This day and always, **Christ, be our light.**

Shine, O God, in the helpless and the unhoused, the unemployed and the underemployed, and be the deliverer of those in distress: bless and heal all in need, especially Andrea, Barbara, Bob and Jane Africano, Claudia, Darlene Endquist, Ceri Falk, Ann Godfrey, Frances Hailwood, Ashley Hawn, Sally Hill, Gale Lovrich, Molly, Marjorie Morris, Karla Nicole, Lisa Rieger, Bruce Schaefer, Anne Sharp, and for those we name to you now...

(please add your own prayers silently or aloud).

This day and always, **Christ, be our light.**

Shine in all our departed saints, O God: teach us to follow their witness of faith and unite us again with all who have gone before us, especially all those we name to you now...

(Please add your own prayers silently or aloud).

This day and always, **Christ, be our light.**

Let us pray together:

O Divine Light, you are the Light that transforms. Sometimes we look to you to be a neon sign hoping for easy answers to our problems in the moments when our lives are most dim. Your Presence reminds us that we embody your light. Let us shine your Light into the world that surrounds us through Jesus Christ your Son. Amen.

The Confession of Sin

Celebrant Let us confess our sins against God and our neighbors.

All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

✠ Celebrant Almighty God, have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

The Holy Communion

Anthem

I Know Not Where the Road Will Lead

Hymn #647

I know not where the road will I follow day by day or where it ends:

I only know I walk the King's highway.

I know not if the way is long, and no one else can say;

But rough or smooth, up hill or down, I walk the King's highway.

And some I love have reached the end, but some with me may stay,

their faith and hope still guiding me; I walk the King's highway,

The way is truth, the way is love, for light and strength I pray,

and through the years of life, to God I walk the King's highway.

The Offertory Prayers

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread and wine to offer, which the earth has given and human hands have made. It will become for us the Bread of Heaven and the Cup of Salvation.

People Blessed be God forever.

Celebrant Receive, O Lord, these gifts presented by your holy people for the work of your holy Church.

People Blessed be God forever.

The Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Holy, holy, holy, Lord God of hosts, heaven and earth are full of your glory.

Glory be to you, O Lord most high.

Blessed is he that comes in the name of the Lord.

Hosanna in the highest.

*We will read the remainder of the Eucharistic Prayer responsively, with the People reading the parts in **Bold**.*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it...

...do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant.

† **Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.**

In the fullness of time, put all things under the influence of your Christ, and bring us to that heavenly country where, with St Francis and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Invitation To Pray Together The Spiritual Communion Prayer From The National Cathedral

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Celebrant Let us pray together

All My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

(St. Alphonsus de Liguori, 1696-1787)

The Post Communion Prayer

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Celebrant Let us say together our Mission Statement:

All We welcome everyone to worship God together, to be transformed by the Holy Spirit and each other, and to share the light of Christ in the world. Amen.

The Blessing

Celebrant May Christ our Lord, to whom kings bowed down in worship and offered gifts, reveal to you the light of his glory and pour upon you the riches of his grace; and the blessing of God Almighty, Father, Son, and Holy Spirit, be upon you and remain with you forever. Amen.

The Sending Forth

Celebrant Let us go in peace to love and serve the Lord.

People Thanks be to God!

The Closing Hymn

Morning Has Broken

Hymn #8, vv. 1, 2, 3

Morn-ing has bro - ken like the first morn - ing, black-bird has spo - ken
Sweet the rain's new fall sun - lit from heav - en, like the first dew fall
10 Mine is the sun - light! Mine is the morn - ing born of the one light
like the first bird. _____ Praise for the sing - ing, praise for the morn - ing!
on the first grass. _____ Praise for the sweet - ness of the wet gar - den,
19 E - den saw play! _____ Praise with e - la - tion, praise ev - 'ry morn - ing.
Praise for them spring - ing fresh from the Word! _____
sprung in com - plete - ness where God's feet pass. _____
God's re - cre - a - tion of the new day! _____

Words by Eleanor Farjeon BUNESSAN Gaelic melody

Postlude: "Sonata" in A

Felix Mendelssohn