

FIRST SUNDAY IN LENT  
March 1, 2020, 10:00 a.m.



Please take a moment to silence your cellphone. Thank you.

## The Word of God

*Prelude: Aria*

Gordon Young

*Please STAND as able, and join in singing,*

The Processional Hymn

**Lord, Who Throughout These Forty Days**

**Hymn #142**

The Opening Acclamation

Celebrant Bless the Lord who forgives all our sins;

**People His mercy endures for ever. Amen.**

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

*A † appears in the margin where you may wish to make the sign of the cross over your body.*

*Making the sign of the cross is a choice left to each worshipper.*

*It is simply a way to engage your entire body (not just your speech and mind) in worship, and physically to signify embracing the blessing of God.*

The Collect for Purity

Celebrant Let us pray.

**All Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Deacon During this season of Lent, we recognize that we, like the Gospel figures listed in the penitential litany we are about to pray, have sinned against you.

Therefore, let us confess our sins against God and our neighbor.

*Please STAND, or kneel as able, with the People saying the words in bold,*

Like the Prodigal Jesus  
**We have wasted your love.**

As with Simon,  
**You teach us mercy.**

Like Nicodemus,  
**We have crept about in darkness.**

As with the disciples,  
**You wash our feet.**

Like James and John,  
**We have slept through others' sorrow.**

As with the criminal hanging near you,  
**You promise us paradise.**

Like Peter,  
**We have denied and betrayed you.**

As with Peter,  
**You restore us in your love.**

Like Pilate,  
**We have washed our hands of blame.**

Give us, now, Jesus,  
**the gift of repentance, the grace of forgiveness,  
and hearts made ready for Easter's joy.  
Amen.**

And yet, as with the woman at the well,  
**You give us drink in the heat of the day.**

As with the man born blind,  
**You open our eyes.**

*Liturgy for the Whole Church, Susan K Bock*

The Absolution

† Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**Celebrant:** The Rev. Jude Lyons

**Deacon/Preacher:** The Very Rev. Paula Vukmanic

Please remain standing, and join in singing three times,

### Trisagion

Alexander Archangelsky Hymnal S-102

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

Trisagion by Alexander Archangelsky (1846-1924) Hymnal 1982 S-102

### The Collect of the Day

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Let us pray. Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated for the readings.

The First Lesson Genesis 2:15-17; 3:1-7

1st Reader A Reading from the Book of Genesis.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

1st Reader Hear what the Spirit is saying to God's people.

**People Thanks be to God.**

Please remain seated, and join in singing the psalm.

*Anglican chant is an treasured tradition in the Episcopal Church. We sing the words of the Psalm on one note until the accent (´), which indicates to move to the next note. Please sing (or read silently) along with us!*

### The Response

### Psalm 32

Hopson

Happy are they whose sins are púrged, whose misdeeds all are put awáy!  
To whom the Lord imputes no gúilt, and on whose life no guile holds swáy!

I held my tongue, my bones were drý, I groaned all day and could not éat;  
Your hand weighed on me day and níght; I gasped as in the summer héat.

Then I acknowledged all my sín, and did not hide my guilt from yóu;  
I said, "I will confess my fáults," and you forgave my sin anéw.

Therefore the faithful pray to yóu; they shall be safe, though floods abóund.  
You keep me safe, my hiding pláce, with shouts of freedom wall me róund.

You are my hiding place, O Lórd, you save me from adversitý;  
You keep me safe on every síde with mighty shouts of victorý.

## The Second Lesson Romans 5:12-19

2<sup>nd</sup> Reader A reading from the Letter of Paul to the Romans.

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

2<sup>nd</sup> Reader Hear what the Spirit is saying to God's people.

**People Thanks be to God.**

*Please STAND, as able, for the reading of the Holy Gospel, and join in singing.*

Gospel Procession

**Teach Me Your Ways**

Linda Larkin

Teach me your ways, O Lord. Teach me your ways, O Lord. Teach, teach me.  
That I may walk, that I may walk, that I may walk in your truth.

Copyright 2010 Linda Larkin

## The Holy Gospel Matthew 4:1-11

† Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,  
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'  
and 'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,  
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Deacon The Gospel of the Lord.

**People Praise to you, Lord Christ.**

*Please join in singing 'Teach Me Your Ways' as the Gospel Procession returns.*

Please be seated for  
The Sermon

The Very Rev. Paula Vukmanic

There will be a moment of silence for reflection following the sermon.

Please stand as able, and join in saying,  
The Nicene Creed

*(Updated from The Book of Common Prayer addendum, Enriching our Worship I)*

**All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary, and became fully human.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

Please stand for,

The Prayers of the People

Gracious God, in this holy season of Lent, remind us that we are one. Receive our prayers as we journey in this season of reflection and growth.

We pray for our church, our nation and the world. May religious leaders and all your faithful people embrace your work of reconciliation. May we come to live as one human family with compassion for all, with dignity for every human being, welcoming the stranger and refugee. Guide us along pathways of unity and hope.

God of mercy, **make us new.**

We pray for our community. Teach us the power of forgiveness. May we lead lives of justice and peace. Guide us along pathways of healing love. God of mercy, **make us new.**

We pray for those who serve in the armed and foreign services, and their families, especially Drew Deley, Kelly Hall, Mark Kappelmann, Maia and Tom Lainis, TJ Malzahn, Will Piepenbring, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve. Strengthen and protect them. Guide them along pathways of protection.

God of mercy, **make us new.**

We pray for the afflicted, the helpless and the homeless, the unemployed and the underemployed. Bless and heal all in need, especially Andrea, Aidan and Lorcin, Barbara, Bob and Jane Africano, Stephanie Bezner, Ceri Falk, Ann Godfrey, Sally Hill, Nathan Reddall Linman, Luke Miles, Marjorie Morris, Karla Nicole, Shelley Reece, Anne Sharp, and Steve Smith, and all those we name to you now...*(please add your own prayers either silently or aloud)*, and empower us to engage your healing presence. Guide us along pathways of health and wholeness.

God of mercy, **make us new.**

We pray for those killed or injured from acts of terrorism, gun violence, abuse of any kind, from the consequences of hurricanes, earthquakes, fires, floods and other natural disasters and for those who grieve for them. Guide us along pathways of safety. God of mercy, **make us new.**

We pray for those we love but see no longer. Give us faith to see in death the gate of eternal life. We remember before you this day all who have died, especially those we name to you now...*(please add your own prayers either silently or aloud)*. Guide us along pathways of eternal comfort and strength.

God of mercy, **make us new.**

Celebrant Let us pray together

**All** God of our Lenten journey and beyond, you have made us to be one with you, self, others, and creation. Lead us to all who need us. Help us share the power of your Christ presence with all whom we meet. Help us prepare for a renewal in your risen life. We pray this in the power of the Holy Spirit through Jesus Christ our Lord. Amen.

*Please stand as able for*

The Peace

Celebrant The peace of the Lord be always with you.

**People** And also with you.

*The Ministers and People greet one another in the name of the Lord.*

Welcome and Announcements

## The Holy Communion

Offertory Anthem

*Since By Man Came Death (from Messiah)*

G. F Handel

*Since by man came death, by man came also the resurrection of the dead.*

*For as in Adam all die, even so in Christ shall all be made alive!*

*Please STAND as able, and join in singing,*

Offertory Hymn

**Take, O Take Me As I Am**

Iona

Take, O take me as I am; sum-mon out what I shall be; set your seal up-on my heart and live in me.

©1995 WGRG, Iona Community, Glasgow, Scotland. Used by permission OneLicense.net A-7091118

### The Offertory Prayers

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread and wine to offer, which the earth has given and human hands have made. It will become for us the Bread of Heaven and the Cup of Salvation.

**People** Blessed be God forever.

Celebrant Receive, O Lord, all these gifts presented by your holy people for the work of your holy Church.

**People** Blessed be God forever.

*Please remain standing for,*

The Great Thanksgiving

Celebrant The Lord be with you.

**People** And also with you.

Celebrant Lift up your hearts.

**People** We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

**People** It is right to give him thanks and praise.

*The Celebrant continues. The People read the parts in bold.*

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

**People Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**People By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**People Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**People By his blood, he reconciled us.  
By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

### Sanctus

*Schubert Hymnal S-130*

Ho - ly, ho - ly, ho - ly Lord, God of power and might, Ho - ly, ho - ly,  
ho - ly Lord, God of power and might. Heav-en and earth are full,  
full of your glo - ry, Ho - san - na in the high - est, ho - san - na in the  
high - est. Bless-ed is he who comes in the name of the Lord. Ho -  
san - na in the high - est, ho - san - na in the high - est.

Setting from Deutsche Mass by Franz Peter Schubert (1797-1828)

*All stand or kneel as the Celebrant continues. The People join in reading the text in bold.*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you.

**Do this for the remembrance of me."**

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it,

**do this for the remembrance of me."**

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God of our Mothers Leah, Rebekah and Rachel,  
God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us  
from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for re-  
newal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve  
the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and th Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

**All Our father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

### Fraction Anthem

*Schubert Hymnal #164*

Je - sus, Lamb of God, have mer - cy on us. Je - sus, bear - er of our sins, have  
mer - cy on us. Je - sus, re - deem - er, re - deem - er of the world, give us your  
peace, give us your peace.

### The Communion of the People

*All are invited to receive Holy Communion. Please follow the directions of the ushers. If you do not wish to share in Communion, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. Gluten-free Communion wafers are now carried alongside regular wafers at Holy Communion. If you require one of these, simply ask at the Altar rail.*

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will be available to pray with you.

*The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish Communion to be brought to you.*

### Communion Anthem

*Ave verum*

*W. A. Mozart*

*Hail, true Body, born of the Virgin Mary. Who has truly suffered, was sacrificed on the the cross for mortals. Whose side was pierced, whence flowed water and blood. Be for us a foretaste of heaven during our final examining. O Jesu sweet, O Jesu pure, O Jesu, Son of Mary, have mercy upon us. Amen.*

*Please kneel or STAND, as able*  
The Post Communion Prayer

Celebrant Let us pray.

**All** God of compassion, through your Son Jesus Christ you have reconciled your people to yourself. As we follow his example of prayer, fasting, and service may we obey you with willing hearts and serve one another in holy love; through Jesus Christ our Lord. Amen.

Celebrant Let us say together our Mission Statement:

**All** We welcome everyone to worship God together, to be transformed by the Holy Spirit and each other, and to share the light of Christ in the world. Amen.

### The Blessing



Celebrant May Christ give you grace in this holy season of Lent to grow in holiness; may Jesus Christ give you grace to grow in love, in faithfulness and to follow him; and the blessing of Almighty God, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. Amen.

*Please kneel or STAND as able, and join in singing,*

### The Closing Hymn

### God Be In My Head

Hymn #694

The musical score is written for voice and piano. It consists of three systems of music. The first system covers measures 1-6, the second system covers measures 7-12, and the third system covers measures 13-16. The key signature is one sharp (F#) and the time signature changes from 3/8 to 4/4 to 3/8 to 6/4. The lyrics are: 'God be in my head, and in my un-der - stand-ing; God be in mine eyes, and in my look-ing; God be in my mouth, and in my speak-ing; God be in my heart, and in my think-ing; God be at mine end, and at my de - part - ing.'

Hymn #694 The Hymnal 1982

### The Sending Forth

Deacon Let us go in peace to love and serve the Lord.

**People** Thanks be to God!

*Postlude: Andante - Allegro*

*Flor Peeters*