



### Welcome to St. Francis Church

We are glad you are here.

Newcomers and visitors, please see page 3 for information to help you get to know St. Francis.

It is our parish custom to observe silence in the Church prior to the start of the Eucharist.

Consider making a donation of altar flowers in honor of a special occasion or in memory of someone you love. The suggested donation is \$50. To arrange, please contact Mary in the Church Office:

310-375-4617 or [mary.sanchez@stfrancispalosverdes.org](mailto:mary.sanchez@stfrancispalosverdes.org).

PLEASE REMEMBER TO SILENCE YOUR CELL PHONES. THANK YOU.

### 8:00 A.M. - THE HOLY EUCHARIST: RITE I

Celebrant: ..... The Rev. Peter Huang

Deacon: ..... The Rev. Laurel Coote

Preacher: ..... The Very Rev. Paula Vukmanic

*We welcome our guest organist, Erica Kang, to worship today. Erica will be leading us from the organ today and next week while Dr Hyunju Hwang is playing recitals in England.*

*Prelude: Elevation, Tierce en Taille ..... By Francis Couperin*

**Processional Hymn – Guide Me, O Thou Great Jehovah ..... Hymn #690**

The Opening Acclamation ..... Book of Common Prayer, p.323

*(this and all similar page refs. refer to Book of Common Prayer)*

The Collect of the Day ..... p. 179

The First Lesson ..... Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud.

The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Response: Psalm 78:23-29, *Attendite, popule* ..... p. 696

The Epistle ..... Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

**Gospel Procession: Speak, O Lord** (first verse)..... *Getty*



Speak, O Lord, as we come to you, to re - ceive the food of your Ho - ly Word.  
Speak, O Lord, and re - new our minds; help us grasp the heights of your plans for us.

5  
Take your truth, plant it deep in us; shape and fas - hion us in your like - ness; that the  
9 Truths un - changed from the dawn of time, that will ech - o down through e - ter - ni - ty. And by  
light of Christ might be seen to - day in our acts of love and our deeds of faith.  
13 grace we'll stand on your pro - mis - es; and by faith we'll walk as you walk with us.  
Speak, O Lord, and ful - fill in us all your pur - po - ses for your glo - ry.  
Speak, O Lord, 'til your church is built and the earth is filled with your glo - ry.

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The Holy Gospel ..... John 6:24-35

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

Then they said to him, "What must we do to perform the works of God?" Jesus answered them,

“This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

*Please join in singing the second verse of Speak, O Lord.*

The Sermon ..... The Very Rev. Paula Vukmanic  
 The Nicene Creed ..... p. 327  
 The Prayers of the People ..... p. 328  
 Welcome and Announcements

**Offertory Hymn—My God, Thy Table Now Is Spread.....Hymn #321**

Offertory Prayer            All things come of thee O Lord, and of thine own have we given thee

The Sanctus

The Great Thanksgiving ..... p. 333

*The clergy will carry the Sacrament to anyone in the congregation who is unable to come forward for Holy Communion. Please inform one of the ushers if you would like to be served at your seat.*

*Gluten-free Communion wafers are now carried alongside regular wafers at Holy Communion.*

*If you require one of these, simply ask at the Altar rail.*

Post Communion Prayer ..... p. 339

Blessing and Sending Forth ..... p. 339

**Recessional Hymn—Lord, You Give the Great Commission.....ABBOT’S LEIGH**

Lord, you give the great com-mis-sion: "Heal the sick and preach the word."  
 Lord, you call us to your serv-ice: "In my name bap-tize and teach."  
 Lord, you bless with words as-sur-ing: "I am with you to the end."  
 Lest the church ne-glect its mis-sion and the gos-pel go un-heard,  
 That the world may trust your pro-mise, life a-bun-dant meant for each,  
 Faith and hope and love re-stor-ing, may we serve as you in-tend,  
 help us wit-ness to your pur-pose with re-newed in-teg-ri-ty.  
 give us all new fer-vor, draw us clos-er in com-mu-ni-ty.  
 and, a-mid the cares that claim us, hold in you e-ter-ni-ty.  
 With the Spi-rit's gifts em-pow'r us for the work of min-is-try."

Jeffrey Rowthorn, b 1954 (Abbot's Leigh) Cyril V. Taylor

Postlude: Toccata on "Amazing Grace" ..... Arr. By J. Christopher Pardini

# WELCOME

If you are new to our parish community, here are a few notes to help you get acquainted.

1. **PLEASE TAKE A “WELCOME” CARD** from the pew rack in front of you, fill it out, and place it in the offering plate or hand it to one of our clergy after the service. We will be happy to contact you in the week ahead and help you however we can.
2. **JOIN US AFTER THE SERVICE FOR COFFEE** and other refreshments so we can welcome you more personally. Coffee hour is on the Chapel Patio (turn right as you exit the Chapel). We promise we won't leave you standing in the corner, staring at your shoes! When raining or cold, we gather in the Parish Hall (turn left when you exit the Chapel and head for the green doors).
3. **STOP BY THE WELCOME TABLE** at the Chapel doors or the rolling bulletin board near the Main Church entrance, browse the information there, and pick up our most recent “Get Connected” brochure. This brochure contains information about becoming a member, details about our outreach, ministries, classes, groups, and events. It provides a one-stop guide to help you “get connected” – to God, to the inclusive community that is St. Francis, and to many opportunities to make a difference in the world.
4. **IF YOU HAVE COME WITH CHILDREN**, please know that children of any age are always welcome to stay with you during the worship service. We have found that sitting toward the front helps children feel they are more “a part of the action”. Pew bags are available at the Chapel doors with child-friendly worship aids.



## PRAYERS THIS WEEK

We pray for all those who serve in the armed and foreign services, and for their families, especially Drew Deley, Kelly Hall, Mark Kappelmann, TJ Malzahn, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve, that they may be kept from harm's way.

Those who are ill or recovering from surgery: Andrea, Susie Allen, Stephanie Bezner, Howard Dale, James Eakins, Ceri Falk, Rob Fitting, Amalia Fraker, Hector Gutierrez, Mary Louise Gordon, Mama Hill, Nancy Jacobsmeyer, Marjorie Morris, Munoz Family, Karen Pearson, James and Reiko, Jerry Rosenthal, Anne Shepherd, Steve Smith and Phyllis Thomas, that they may know your healing power.

We pray for all who have died,  
that they may have a place in your eternal kingdom.