

ELEVENTH SUNDAY AFTER PENTECOST

August 5, 2018, 10:00 a.m.



Please take a moment to silence your cellphone. Thank you.

Consider making a donation of altar flowers in honor of a special occasion or in memory of someone you love. The suggested donation is \$50. To arrange, please contact Mary in the Church Office: 310-375-4617 or mary.sanchez@stfrancispalosverdes.org.

The Word of God

Prelude: Elevation, Tierce en Taille

By Francis Couperin

We welcome our guest organist, Erica Kang, to worship today.

Erica will be leading us from the organ today and next week while Dr Hyunju Hwang is playing recitals in England.

Please STAND as able, and join in singing,

The Processional Hymn

Guide Me, O Thou Great Jehovah

Hymn #690

The Opening Acclamation

† Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

The Collect for Purity

All **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

A † appears in the margin where you may wish to make the sign of the cross over your body. Making the sign of the cross is a choice left to each worshipper. It is simply a way to engage your entire body (not just your speech and mind) in worship, and physically to signify embracing the blessing of God.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated for the readings.

The First Lesson Exodus 16:2-4, 9-15

1st Reader A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

1st Reader The Word of the Lord.

People **Thanks be to God.**

Celebrant: The Rev. Peter Huang

Preacher/Gospeller: The Very Rev Paula Vukmanic

Deacon: The Rev. Laurel Coote

Please remain seated, and join in singing,

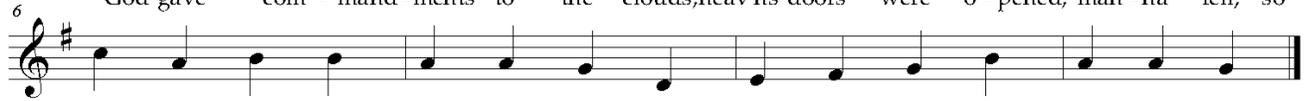
The Response

Psalm 78

TALLIS CANON



All the night through with glow of fire, with cloud by day God led his own, and
He brought streams flow - ing from the cliff, wa - ters gushed out to fill their need; but
To fill their ap - pe - tites they thought that they might put God to the test, and
In - deed, the wa - ter floodgushed out in streams when once he struck the rock, but
God gave com - mand - ments to the clouds, heav'n's doors were o - pened, man - na fell; so



in the wild - er - ness they drank as from deep pools, from riv - en stone.
yet they sinned a - gainst the Lord, re - bell - ing still, they paid no heed.
scoff - ing said, "Can God pre - pare a ban - quet in the wil - der - ness?"
is he a - ble to give bread and meat to sa - tis - fy his flock?"
mor - tals ate the an - gels' bread, he sat - is - fied their hun - ger well.

Paraphrase of Psalm 78 copyright 1986 by Christopher L Webber. Used by permission. TALLIS CANON Thomas Tallis (1505?-1585)

The Second Lesson—Ephesians 4:1-16

2nd Reader A Reading from Paul's Letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;

he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

2nd Reader The Word of the Lord.

People Thanks be to God.

LOVE IS THE MOST
EXCELLENT WAY TO
BE ANYTHING AND TO
DO ANYTHING FOR
THE BUILDING UP OF
THE BODY OF
CHRIST.

Please STAND, as able, and join in singing,

The Gospel Procession

Speak, O Lord (first verse)

Getty



Speak, O Lord, as we come to you, to re - ceive the food of your Ho - ly Word.
Speak, O Lord, and re - new our minds; help us grasp the heights of your plans for us.

5
Take your truth, plant it deep in us; shape and fas - hion us in your like - ness; that the
9 Truths un - changed from the dawn of time, that will ech - o down through e - ter - ni - ty. And by
light of Christ might be seen to - day in our acts of love and our deeds of faith.
13 grace we'll stand on your pro - mis - es; and by faith we'll walk as you walk with us.
Speak, O Lord, and ful - fill in us all your pur - po - ses for your glo - ry.
Speak, O Lord, 'til your church is built and the earth is filled with your glo - ry.

Words and Music by Keith Getty and Stuart Townend ©2005 Thank You Music. Used by permission. CCLI #11110659

The Holy Gospel—John 6:24-35

† Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Gospeller The Gospel of the Lord.

People Praise to you, Lord Christ.

Please join in singing the second verse of 'Speak, O Lord'.

Please remain seated for

† The Sermon

There will be a moment of silence for reflection following the sermon.

The Very Rev. Paula Vukmanic

Please STAND as able, and join in saying,

The Nicene Creed

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

The People join in reading the words in bold.

Sustaining God, create in us hearts open to the transforming power of your love.

You invite us to gather the world's needs into our hearts and to trust your compassionate Presence.

For the people of God throughout the world, for those in civil and religious leadership, and for us gathered as your church family. God of wisdom, **let us fulfil your vision entrusted to us.**

For goodwill among nations, for the well-being of all people, and for boldness in confronting issues of inequality, hatred, greed, violence, and prejudice. God of justice, **let us be an authentic light in our world.**

For all who serve in our civil services, especially first responders, and in the armed and foreign services, and their families, especially Drew Deley, Kelly Hall, Mark Kappelmann, TJ Malzahn, Scott Ruston, Michael Strong, Jonathan Zimmerman and Steve. God of peace, **let us be strong to help and serve.**

For the poor, the sick, the hungry, the homeless, the oppressed, those in prison or afraid. Let us pray for all facing challenges, especially: Andrea, Susie Allen, Stephanie Bezner, Howard Dale, James Eakins, Ceri Falk, Rob Fitting, Amalia Fraker, Hector Gutierrez, Mary Louise Gordon, Mama Hill, Nancy Jacobsmeyer, Marjorie Morris, Munoz Family, Karen Pearson, James and Reiko, Jerry Rosenthal, Anne Shepherd, Steve Smith and Phyllis Thomas, and all those we name to you now... *(please add your own prayers silently or out loud).*

God of all healing, **let us become whole and holy.**

For all those killed or injured from acts of terrorism, violence and abuse of any kind in our country and around the world, from the consequences of natural disasters, for those who grieve from tragic loss, and for prayers for a healing resolution of the crisis on our border.

God of protecting love and strength, **let us be instruments of your peace and protection.**

For all who anticipate birthdays, anniversaries, and joyful events...

(please add your own prayers silently or out loud).

God of all we have, **let us be grateful for moments of blessing.**

For those we love but see no longer, for all those who have died... *(please add your own prayers silently or out loud).*

God of comfort and grace, **let us live for you all the days of our lives.**

Let us pray together:

Watch over your children, O God, as our days increase; bless and guide us wherever we may be. Strengthen us when we stand; comfort us when discouraged or sorrowful; raise us up if we fall; and in our hearts may your peace which passes understanding abide in us all the days of our lives. Amen.

(Collect no. 51 from the Book of Common Prayer.)

The Confession of Sin

Celebrant Let us confess our sins against God and our neighbors.

Please stand or kneel as able

All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.



Celebrant Almighty God, have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as able for

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

The Holy Communion

Offertory Anthem

Introduction and Dance
Jake Buchen, tuba

J. E. Barat

Please STAND as able, and join in singing,

Offertory Hymn

Doxology

Hymn #380 v. 3

Praise God, from whom all blessings flow; Praise him, all creatures here below; Praise him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. Amen.

Music after Louis Bourgeois (1510?-1561?) Words by Thomas Ken (1637-1711)

The Offertory Prayers

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread and wine to offer, which the earth has given and human hands have made. It will become for us the Bread of Heaven and the Cup of Salvation.

People Blessed be God forever.

Celebrant Receive, O Lord, these gifts presented by your holy people for the work of your holy Church.

People Blessed be God forever.

Please remain standing for,

The Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

The Celebrant continues. The People read the parts in **bold**.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing,

Sanctus Holy, Holy LAND OF REST

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, heav'n and earth are
6 full of your glo-ry, Ho-san - na in the high - est. Bless - ed is he who comes, in the name of the
12 Lord. Ho - san - na in the high - est, Ho - san - na in the high - est.

LAND OF REST American Folk Tune, Arrangement by Annabel Buchanan (1889-1983)Worship, Love , & Praise #859

All stand or kneel as the Celebrant continues. The People join in reading the text in **bold**.

Blessed are you, gracious God, creator of the universe and giver of life.

You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves.

We would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you.

You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

"Take, eat: This is my Body which is given for you."

"Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

"Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it,

"Do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Remembering his death and resurrection, we now present to you from your Creation this bread and this wine.

† By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world.

Bring all of us into the everlasting heritage of your daughters and sons, that with Blessed Francis and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

Celebrant And now, as our Savior Christ has taught us, we are bold to say
Our father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem

Here, O My Lord

MORECAMBE

Here, O my Lord, I see thee face to face; here would I touch and handle things un-seen;
 here grasp with firm-er hand e-ter-nal grace, and all my wea-ri-ness up-on thee lean.

Words by Horatius Bonar, 1808-1889 MORECAMBE by Frederick Cook Atkinson, 1870

The Communion of the People

All baptized Christians are invited to receive Holy Communion. Please follow the directions of the ushers. Kneeling or standing, each person receives the Bread in the palm of the right hand, eats, and then guides the cup for a sip of the Wine. If you do not wish to receive or are not yet baptized, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish to be served in your seat.*

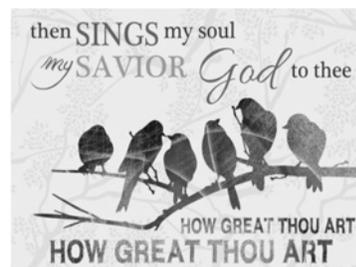
If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will be available to pray with you.

**Gluten-free Communion wafers are now carried alongside regular wafers at Holy Communion. If you require one of these, simply ask at the Altar rail.*

Communion Music

How Great Thou Art
 Grace Buchen; Jake Buchen, tuba

Stuart Hine, arr Lloyd Larson



Post Communion Prayer

Celebrant Let us pray.

All God of all Life, we have seen with our own eyes and touched with our own hands the Bread of Life, this precious gift of your Son Jesus Christ. Strengthen our faith that we may grow in love for you, in love for one another, and in love for all the world; through Jesus Christ our Lord. Amen.

Sending Forth of the Lay Eucharistic Minister

Celebrant We send you out to share this Holy Communion with our brother/sister _____.

People May you be guided by the Holy Spirit as you share this sacrament of Christ's presence.

Celebrant May those who share in this Communion be strengthened and encouraged in the community we have together through our Lord Jesus Christ. Amen.

Celebrant Let us pray together our Mission Statement:

All We welcome everyone to worship God together, to be transformed by the Holy Spirit and each other, and to share the light of Christ in the world. Amen.

The Blessing

Celebrant May the peace of Christ which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you, and remain with you always. Amen.



Please STAND as able, and join in singing,

The Recessional Hymn

Lord, You Give the Great Commission

ABBOTT'S LEIGH

Lord, you give the great com - mis - sion: "Heal the sick and preach the word."
Lord, you call us to your serv - ice: "In my name bap - tize and teach."
9 Lord, you bless with words as - sur - ing: "I am with you to the end."
Lest the church ne - glect its mis - sion and the gos - pel go un - heard,
That the world may trust your pro - mise, life a - bun - dant meant for each,
17 Faith and hope and love re - stor - ing, may we serve as you in - tend,
help us wit - ness to your pur - pose with re - newed in - teg - ri - ty.
give us all new fer - vor, draw us clos - er in com - mu - ni - ty.
25 and, a - mid the cares that claim us, hold in you e - ter - ni - ty.
With the Spi - rit's gifts em - pow'r us for the work of min - is - try.

Jeffrey Rowthorn, b 1954 (Abbot's Leigh) Cyril V. Taylor

The Sending Forth

Deacon Let us go in peace to love and serve the Lord.

People Thanks be to God!

Postlude: Toccata on "Amazing Grace"

Arr. By J. Christopher Pardini

Good luck, Jake!

Jake Buchen leaves this week to attend the University of Arizona in Tucson.
Best of luck in your college endeavors! Thanks for sharing your talents with us today!

St Francis Episcopal Church, 2200 Via Rosa, Palos Verdes, CA 90274, 310 375-4617.

www.stfrancispalosverdes.org