

**MEALS:**

**COMMUNITY FOOD/CLOTHING RESOURCES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>Christian Outreach in Action (COA):</b> Hot Breakfast: 7:00 am Hot Dinner: 4:30 pm</p> <p><b>Spiritual Truth:</b> Sack Lunch: 11 am</p> <p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Lunch: 11:00 am Hot Dinner: 6 pm</p> <p><b>St. Francis Center:</b> Sack Lunch: 5 pm</p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p>	<p><b>COA:</b> Hot Breakfast: 7:00 am Hot Dinner: 4:30 pm</p> <p><b>Catholic Charities:</b> Sandwiches: 10 am</p> <p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Lunch: 11:00 am Hot Dinner: 6 pm</p> <p><b>St. Francis Center:</b> Sack Lunch: 5 pm</p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p>	<p><b>COA:</b> Hot Breakfast: 7:00 am Hot Dinner: 4:30 pm</p> <p><b>Catholic Charities:</b> Sandwiches: 10am</p> <p><b>Gospel Memorial Church:</b> Hot Lunch: 11 am*</p> <p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Lunch: 11:00 am Hot Dinner: 6 pm</p> <p><b>St. Francis Center:</b> Sack Lunch: 5 pm</p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p>	<p><b>COA:</b> Hot Breakfast: 7:00 am Hot Dinner: 4:30 pm</p> <p><b>Long Beach Friends Church:</b> Coffee &amp; donuts: 8 am – 9 am*</p> <p><b>Spiritual Truth:</b> Sack Lunch: 11 am</p> <p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Lunch: 11:00 am Hot Dinner: 6 pm</p> <p><b>Holy Grill Free Café</b> Hot Lunch: 11:30am-1:30pm</p> <p><b>St. Francis Center:</b> Sack Lunch: 5 pm</p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p>	<p><b>COA:</b> Hot Breakfast: 7:00 am Hot Dinner: 4:30 pm</p> <p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Dinner: 6 pm</p> <p><b>Long Beach Friends Church:</b> Hot Lunch: 11:30 am - 1 pm</p> <p><b>St. Francis Center:</b> Sack Lunch: 5 pm</p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p>	<p><b>St. Luke's Episcopal Church:</b> Hot Lunch: 9 am – 12 noon <b>2nd &amp; 4th Saturday</b> Breakfast: 8am- 10am <b>1st &amp; 3rd Saturday</b></p> <p><b>COA:</b> Hot Lunch: 11:00 am Every 1st, 3rd &amp; 5th Saturday</p> <p><b>All Saint's Anglican Church:</b> Hot Lunch: 11:30 am Every 3rd Saturday</p> <p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Dinner: 6 pm</p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p>	<p><b>Samaritan House Long Beach Rescue Mission:</b> Hot Lunch: 11:00 am* Hot Dinner: 6 pm</p> <p><b>COA:</b> Hot Lunch: 11:30am <b>Last Sunday of the month</b></p> <p><b>Urban Comm. Outreach Drop-In-Center:</b> Hot Meal: 12:30p-4p Dog/Cat food-2pm <b>Closed month of July</b></p> <p><b>Beacon Light Mission:</b> Hot Dinner: 6:45 pm</p> <p><b>First Baptist Church:</b> Hot meals: 4th Sunday at 2 pm*</p> <p><b>Long Beach Friends Church:</b> Hot Dinner: 6 pm</p>

**FOOD BANKS:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>North Long Beach UMC:</b> 9 am (1st Monday Only)</p> <p><b>Grace Memorial Baptist Church:</b> 9am - 12pm (1st and 3rd Monday)</p> <p><b>First Baptist Church:</b> 9:30 am – 11 am</p> <p><b>Lutheran Social Services:</b> 10 am – 12 noon 12:30 pm - 2 pm</p>	<p><b>Salvation Army:</b> 8:30am-12:00pm <b>Homeless Only</b></p> <p><b>Second Samoan Church:</b> 11am</p> <p><b>Centro Shalom:</b> 9am – 12pm</p> <p><b>COA:</b> 9 am - 12 pm</p> <p><b>Catholic Charities:</b> 9:30am - 12 noon 1:30 pm - 3 pm (Tuesday &amp; Thursday)</p> <p><b>Lutheran Social Services:</b> 10 am – 12 noon 12:30 pm – 2 pm</p>	<p><b>Calvary Chapel N. Long Beach</b> 5722 Lime Ave, LB Food Distribution: 8:30am (562) 423-0447 (every other Wednesday)</p> <p><b>The Food Pantry</b> 3056 Santa Fe Ave., LB (562) 674-8131 9am-11am (Every 2nd &amp; 4th Wednesday)</p> <p><b>Salvation Army:</b> 8:30am-12:00pm (Closed December)</p> <p><b>First Baptist Church:</b> 9:30 am – 11 am</p> <p><b>St. Gregory's Church:</b> 10a- 1:00 pm (First Wednesday of the month)</p> <p><b>Lutheran Social Services:</b> 11 am – 12 noon 12:30 pm – 2 pm</p> <p><b>Good News Pantry:</b> 4pm</p>	<p><b>Salvation Army:</b> 8:30am-12:00pm (Closed December)</p> <p><b>Second Samoan Church:</b> 11am</p> <p><b>Centro Shalom:</b> 9am – 12pm</p> <p><b>COA:</b> 9 am-12 pm</p> <p><b>Catholic Charities:</b> 9:30am - 12 noon 1:30 pm - 3 pm (Tuesday &amp; Thursday)</p> <p><b>Lutheran Social Services:</b> 10 am – 12 pm and 12:30 pm – 2 pm</p> <p><b>Parkcrest Christian Church: Heartwell Campus</b> 10 am- 11 am (4th Thursday of the month, bring ID) Call First</p> <p><b>St Lucy's:</b> 10 am – 1 pm</p> <p><b>West Side Baptist Church:</b> 11 am – 2 pm (4th Thursday Only)</p>	<p><b>St. Athanasius Church:</b> 8 am SENIORS ONLY (1st &amp; 3rd Friday)</p>	<p><b>Emmanuel Presbyterian Church</b> 9am-11am (every 3rd Saturday of the month)</p> <p><b>Seventh St. Church</b> 8:30 am (4th Saturday of the month, bring ID)</p> <p><b>Latin American Comm. Center:</b> 9am-12pm (2nd &amp; 4th Saturday)</p> <p><b>Parkcrest Christian Church: Lakewood Campus</b> 11am-12pm</p> <p><b>The Church Of Christ:</b> 4 pm (Please Call First)</p>	<p><b>Urban Comm. Outreach Drop-In-Center:</b> 2nd Sunday: 12:30p-4p <b>Closed during July</b></p>

\*Service Attendance Mandatory

\*\*ID, Social Security Card, proof of Long Beach residency, proof of income and verification of family status required

**CLOTHING:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>Centro Shalom:</b> 10am – 2pm</p> <p><b>First Baptist Church</b> 9:30 am – 11 am</p> <p><b>Catholic Charities:</b> 9:30 am – 12 pm 1:30 pm - 3 pm (Monday &amp; Wednesday) Proof: income, address, social &amp; photo ID</p> <p><b>Lutheran Social Services:</b> 10 am – 12 noon 12:30 pm – 2 pm Proof: address &amp; photo ID</p>	<p><b>Centro Shalom:</b> 10am – 2pm</p> <p><b>Lutheran Social Services:</b> 10 am – 12 noon 12:30 pm – 2 pm Proof: address &amp; photo ID</p>	<p><b>Centro Shalom:</b> 10am – 2pm</p> <p><b>St. Luke's Episcopal:</b> 9 am – 12 pm</p> <p><b>Catholic Charities:</b> 9:30 am – 12 pm 1:30 pm - 3 pm (Monday &amp; Wednesday) Proof: income, address, social &amp; photo ID</p> <p><b>Lutheran Social Services:</b> 11 am – 12 noon 12:30 pm – 2 pm Proof: address &amp; photo ID</p>	<p><b>Centro Shalom:</b> 10am – 2pm</p> <p><b>Lutheran Social Services:</b> 10 am – 12 noon 12:30 pm – 2 pm Proof: address &amp; photo ID</p>	<p><b>Centro Shalom:</b> 10am – 2pm</p> <p><b>COA:</b> 9am - 2pm</p>	<p><b>St. Luke's Episcopal Church:</b> Showers/Clothing: 8am- 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, &amp; 4<sup>th</sup> Saturday</p>	<p><b>Urban Comm. Outreach Drop-In-Center:</b> 4<sup>th</sup> Sunday: 12:30p-4p Closed during July</p>

**ADDRESSES FOR DISTRIBUTION SITES:**

**All Saints Anglican Church:** 346 Termino Avenue, Long Beach, CA 90814 (562) 438-3650  
**Beacon Light Mission:** 525 Broad Avenue, Wilmington, CA 90744 (310) 830-7063  
**Calvary Chapel N. Long Beach:** 5722 Lime Ave., Long Beach, CA 90805 (562) 423-0447  
**Catholic Charities:** 123 E. 14<sup>th</sup> Street, Long Beach, CA 90813 (562) 591-1351  
**Centro Shalom:** 2131 Long Beach Blvd., Long Beach, CA 90806 (562) 591-2214  
**Christian Outreach in Action:** 515 East 3<sup>rd</sup> Street, Long Beach, CA 90802 (562) 432-1440  
**Church of Christ:** 1128 Artesia Blvd., Long Beach, CA 90805 (562) 422-8557  
**Emmanuel Presbyterian Church:** 4017 E. 6<sup>th</sup> St., Long Beach, CA (562) 439-8946  
**First Baptist Church:** 1000 Pine Avenue, Long Beach, CA 90813 (562) 432-8447  
**Good News Pantry:** 1833 Harbor Ave., Long Beach, CA 90810 (562) 437-9237  
**Gospel Memorial:** 1480 Atlantic Avenue, Long Beach, CA 90813 (562) 599-7389  
**Grace Memorial Baptist Church:** 1021 E. 19<sup>th</sup> St., Long Beach, CA 90813 (562) 591-4774  
**Holy Grill Free Café/Lily of the Valley Church:** 3070 Santa Fe Ave., Long Beach, CA 90810 (213) 260-0199  
**Latin American Comm. Center:** 1330 Gundry Ave., Long Beach, CA 90813 (562) 570-4006  
**Long Beach Friends Church:** 850 Atlantic Avenue, Long Beach, CA 90813 (562) 437-1566  
**Long Beach Rescue Mission:** 1335 Pacific Avenue, Long Beach, CA 90813 (562) 591-1292  
**Lutheran Social Services:** 1611 Pine Street, Long Beach, CA 90813 (562) 599-1321  
**North Long Beach UMC:** 5600 Linden Avenue, Long Beach, CA 90805 (562) 422-1635  
**Parkcrest Christian Church:** Heartwell Campus-5920 Parkcrest Street, Long Beach, CA 90808 (562) 421-9374 (cross street is Woodruff)  
**Parkcrest Christian Church:** Lakewood Campus-6236 Woodruff Ave., Lakewood, CA 90713 (562) 925-0251  
**Salvation Army:** 455 E. Spring St., Long Beach, CA 90806 (562) 426-7637  
**Spiritual Truth East:** 717 Pacific Coast Highway, Long Beach, CA 90806 (562) 489-1017  
**Seventh Street Church:** 668 Obispo Ave., Long Beach, CA 90814 (562) 434-3408  
**St Francis Center:** 1041 East 7<sup>th</sup> Street, Long Beach, CA 90813 (562) 599-6474  
**St. Lucy Church:** 2344 Cota Avenue, Long Beach, CA 90810 (562) 989-1954  
**St. Gregory's Church:** 6201 Willow Street, Long Beach, CA 90815 (562) 420-1311  
**The Food Pantry/Help Me Help You:** 3056 Santa Fe Ave., Long Beach, CA 90810 (562) 674-8131  
**Urban Community Outreach Drop-In-Center:** 241 Cedar Ave., Long Beach, CA 90802 (562) 582-1000  
**West Side Baptist:** 1490 W. 23<sup>rd</sup> St., Long Beach, CA 90810 (562) 426-2775