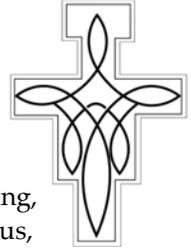


# THIRD SUNDAY IN LENT

March 19<sup>th</sup>, 2017, 10:00 a.m.



Please take a moment to silence your cellphone. Thank you.

What is Lent? VERY simply Lent is a season set aside when we try to grow closer to God by simple living, prayer and fasting. Lent is a an invitation to “repent” – to re-focus our lives to be more in tune with Jesus, to love and give up un-loving ways. Lent is the 40 days before Easter excluding Sundays. Why the color purple? Purple symbolizes “repentence”.

## The Word of God

*Prelude: Erbarme dich mein, O Herre Gott, (Have mercy on me, Lord my God) BWV 721*

J.S. Bach

*Please STAND as able, and join in singing,*

The Opening Hymn

**Come, Thou Fount of Every Blessing**

**Hymn #686**

The Opening Acclamation

Celebrant Bless the Lord who forgives all our sins;

**All His mercy endures for ever.**

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself.

There is no commandment greater than these." *Mark 12:29-31*

*A † appears in the margin where you may wish to make the sign of the cross over your body. Making the sign of the cross is a choice left to each worshipper. It is simply a way to engage your entire body (not just your speech and mind) in worship, and physically to signify embracing the blessing of God.*

The Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

*Please stand or kneel as able, and join in saying,*

**All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Absolution

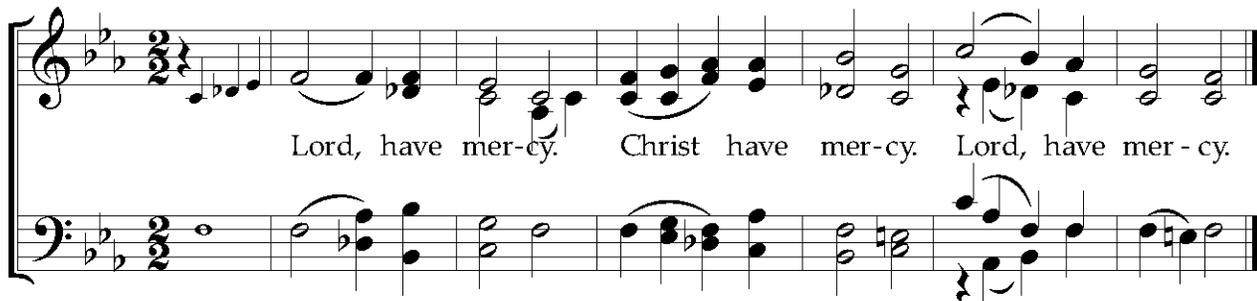
† Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Please STAND as able, and join in singing*

The Kyrie

**Lord, Have Mercy**

**HERZLIEBSTER JESU**



Tune by Johann Cruger (1598-1662) Setting by Kevin Hackett ©1991 CELEBRATION

**Celebrant:** The Rev. Peter Huang  
**Deacon/Preacher:** The Very Rev. Paula Vukmanic

## The Collect of the Day

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Let us pray. Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.  
**Amen.**

*Please be seated for the readings.*

The First Lesson Exodus 17:1-7

1<sup>st</sup> Reader A Reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

1<sup>st</sup> Reader The Word of the Lord.

**People Thanks be to God.**

*Anglican chant is a treasured tradition in the Episcopal Church, and we will be using it through the season of Lent.*

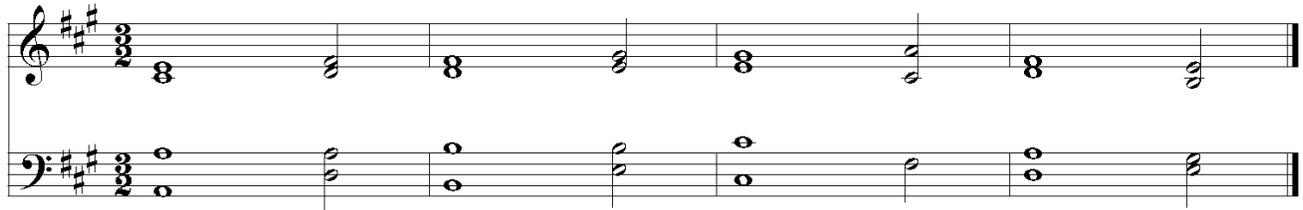
*We sing the words of the Psalm on one note until the accent (á), which indicates to move to the next note.*

*Remaining seated, please sing (or read silently) along.*

The Response

Psalm 95

Hal Hopson



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*Come, let us sing to God on hígh, the Rock of our salvation práise;  
Come with thanksgiving to his cóurts and joyful psalms before him ráise.*

*For God is Lord above all góds, the heights and depths are in his hánd;  
He made the sea and it is hís, his hands have molded the dry lánd.*

*Bow down and let us worship hím who is our Maker and our Lórd;  
We are his people and his shéep; today, then, hearken to his Wórd.*

The Second Lesson Romans 5:1-11

2<sup>nd</sup> Reader A Reading from Paul's letter to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

2<sup>nd</sup> Reader The Word of the Lord.

**People Thanks be to God.**

Please STAND, as able, and join in singing,

## The Gospel Procession

### Earthen Vessels

Joseph Foley, SJ

The musical score is written on two staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like. The lyrics are: "We hold a treasure not made of gold, in earth-en ves-sels, wealth un - told. — One treas-ure on-ly, — the Lord, the Christ, in earth-en ves - sels. —" The first staff ends with a fermata over the final note.

Words and Music by John Foley, SJ ©NALR 1975. Used by permission OneLicense.netA-709118

## The Holy Gospel John 4:5-42

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Please join in singing 'Earthen Vessels' as the procession returns.



*Please be seated for*

## The Sermon

*There will be a moment of silence for reflection following the sermon.*

The Very Rev. Paula Vukmanic

*Please STAND as able, and join in saying,*

## The Nicene Creed

**All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please stand for,*

## The Prayers of the People

Gracious God, in this holy season of Lent, remind us that we are spiritual beings in an earthly journey. Inspire us to make choices that lead us into more authentic relationships with you, with ourselves and with others. Receive our prayers as we journey through this season of reflection, growth and change.

We pray for our church. May religious leaders and all your faithful people embrace your work of reconciliation. Lead us to deeper trust in your healing grace. God of mercy, **make us new.**

We pray for our nation. Help us appreciate the land, liberties and heritage we have received. Protect us from discord, confusion, arrogance, and evil. Anoint with wisdom those to whom we entrust the authority of government. God of mercy, **make us new.**

We pray for the world. May we come to live as one human family with compassion for all, with dignity for every human being and to welcome the stranger and refugee. God of mercy, **make us new.**

We pray for our community. Teach us the truth of love and the power of forgiveness. May we lead lives that are peaceful and just, balanced and joyful. God of mercy, **make us new.**

We pray for those who serve in the armed and foreign services, and their families, especially Kelly Hall, Gavin Larson, TJ Malzahn, Scott Ruston, Michael Strong, Jonathan Zimmerman, and Steve. Strengthen and protect them. God of mercy, **make us new.**

We pray for the afflicted, the helpless and the homeless, the unemployed and the underemployed. Bless and heal all in need, especially Andrea, Lynne, Ceri Falk, Dato Family (Kelly Lynch's sister), Rob and Pam Fitting, Mama Hill, Elizabeth Hodgson, Chong-Kyun Kim, Marjorie Morris, Munoz Family, James and Reiko, Jerry Rosenthal, Anne Shepherd, Margaret and Steve Smith, Chris Snapp, Hayward and Phyllis Thomas, and all those we name to you now... *{please add your own prayers either silently or aloud}*, and empower us to engage your healing love. God of mercy, **make us new.**

We pray for those we love but see no longer. Give us faith to see in death the gate of eternal life. We remember before you this day all who have died, especially those we name to you now... *{please add your own prayers either silently or aloud}*. God of mercy, **make us new.**

*Silence*

Celebrant God of our Lenten journey, renew us, transform us and lead us to any who need us. Help us appreciate the earthliness and sacredness of being human, for the sake of Jesus, who came that all might have life, and have it abundantly. Stretch us to receive ever more deeply your unrelenting love among us. We pray through Jesus Christ our Lord. **Amen.**

*Please stand as able for*

The Peace

Celebrant The peace of the Lord be always with you.

**People And also with you.**

*The Ministers and People greet one another in the name of the Lord.*

Welcome and Announcements

## The Holy Communion

Offertory Anthem

*Down to the River to Pray*

*arr Sheldon Curry*

*As I went down to the river to pray, studying about the good ol' way and who shall wear the robe and crown,  
good Lord show me the way.*

*Oh sisters, let's go down to the river to pray.*

*Oh brothers, let's go down...*

*O fathers, let's go down...*

*O mothers, let's go down...*

*O sinners, let's go down...*

Offertory Hymn

**What Wondrous Love**

*WONDRIOUS LOVE*

7 What won-drous love is this, O my soul, O my soul! What won-drous love is this, O my  
13 soul! What won-drous love is this, that caused the Lord of bliss to lay a-side his  
crown for my soul, for my soul, to lay a-side his crown for my soul.

American Folk Hymn, Hymn #439 The Hymnal 1982

The Offertory Prayers

Celebrant Blessed are you, Lord God of all creation; through your goodness we have this bread and wine to offer, which the earth has given and human hands have made. It will become for us the Bread of Heaven and the Cup of Salvation.

**People Blessed be God forever.**

Celebrant Receive, O Lord, all these gifts presented by your holy people for the work of your holy Church.

**People Blessed be God forever.**



After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, **do this for the remembrance of me.**"

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God of our Mothers Sarah, Rebekah and Rachel, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say

**All Our father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### Fraction Anthem

*The Celebrant breaks the consecrated Bread.*

### O Lamb of God

ST FLAVIAN

O Lamb of God, who takes a - way the sin of the world, Have  
mer - cy up - on us, have mer - cy on us. world,  
grant us thy peace, Grant us thy peace.

Tune ST FLAVIAN from Day's Psalter, 1562.

### The Communion of the People

*All baptized Christians are invited to receive Holy Communion. Please follow the directions of the ushers. Kneeling or standing, each person receives the Bread in the palm of the right hand, eats, and then guides the cup for a sip of the Wine. If you do not wish to receive or are not yet baptized, we encourage you to come forward to receive a blessing. Simply fold your hands across your chest when you come forward. **The clergy will carry Communion to anyone in the congregation who is unable to come forward. Please notify an usher if you wish to be served in your seat. Gluten-free Communion wafers are available. If you require one of these, simply ask at the Altar rail.***

If you have come with a particular prayer concern today, after receiving Communion you may come to the Nason Prayer Chapel to the right of the altar rail where someone will be available to pray with you.

Communion Music (The choir will be sitting in the congregation during the singing of the Communion hymn)

Please join in singing,  
Come and Pray In Us

Taizé

Musical score for 'Come and Pray In Us' in G major, common time. The score consists of two staves. The first staff has a circled '1' above the first measure and a circled '2' above the eighth measure. The second staff has a circled '3' above the first measure and a circled '4' above the eighth measure. The lyrics are: 'Come and pray in us, Ho - ly Spi - rit, come and pray in us. Come and vis - it us, Ho - ly Spi - rit, Spi - rit come, Spi - rit come.'

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Please kneel or stand as able

The Post Communion Prayer

All God of compassion, through your Son Jesus Christ you have reconciled your people to yourself.  
As we follow his example of prayer, fasting, and service may we obey you with willing hearts  
and serve one another in holy love; through Jesus Christ our Lord. Amen.

The Blessing

Celebrant Christ give you grace to grow in holiness this Lent, to deny yourselves, take up your cross, and follow him; and the blessing of God our Creator, of Christ the Son, and of the Holy Spirit, be among you and remain with you always. Amen.



Please STAND as able, and join in singing,

The Closing Hymn

Guide Me, O Thou Great Jehovah

Hymn #690

The Sending Forth

Deacon Let us go in peace to love and serve the Lord.

People Thanks be to God!

Postlude: Christus der uns selig macht, (See the Lord of Life and Light) BWV 620

J.S. Bach

